

CURRICULUM VITAE

Pat Ogden, Ph.D.

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EDUCATION

1998-2003: Ph.D. Doctor of Philosophy in Psychology, The Union Institute and University, Cincinnati, OH

1990-1992: Graduate, The Guild for Structural Integration, The Rolf Method Boulder CO

1978-1979: Graduate, Boulder School of Massage Therapy, Boulder, CO, certified massage therapist, honors in Swedish massage, Reichian Massage, Reichian theory.

1977-1978: University of Tennessee School of Social Work, Nashville, TN, one year completed toward Master of Science in Social Work, specializing in social work treatment.

1969-1971: University of Louisville, Louisville, KY, Master of Arts in Teaching.

1965-1969: Hanover College, Hanover, IN, Bachelor of Arts in Sociology, minor in art, Dean's list.

CLINICAL EXPERIENCE

1979-current: Psychotherapist in private practice, providing outpatient psychological services to adults. Boulder, CO

1990-1997: Private practice in the Rolf Method of Structural Integration. Boulder, CO

1980: Psychotherapist and Bodyworker, Plaza Santa Maria Hospital, for patients with degenerative diseases. Baja, Mexico.

1975-1978: Psychiatric Technician, Vanderbilt Psychiatric Unit, counseled patients and families, led group psychotherapy and art therapy, fitness, recreational therapy, and movement classes. Nashville, TN.

1976-1977: Social Work Internship: Individual and family counselor, conflict mediation between prison inmates and correctional officers, Tennessee State Prison for Women.

PROGRAM DEVELOPMENT AND TEACHING

1998: Consultant, with Charles Figley, on Vicarious Trauma Training federal grant project. Design 2- day workshop to be implemented nationally to prevent and treat vicarious traumatization.

1985-current: Originator and Director, Sensorimotor Psychotherapy Institute: ongoing design and implementation of a 750 hour course for professionals in Sensorimotor Psychotherapy from beginning to advanced.

1980-current: Individual and group consultation for psychotherapists in a somatic approach to psychotherapy.

1993-1994: Co-designed and implemented (with Dr. Peter Levine) beginning and intermediate level courses in healing the effects of trauma for Ergos Institute. Trainer, beginning and intermediate levels.

1987-2004: Faculty, The Naropa University Contemplative Psychology Department.

2000-current: Faculty, The Naropa University Somatic Psychology Graduate School

1980-1983: Co-Founder of Hakomi Institute; Educational Director, Hakomi Institute, designed curriculum for training program in Hakomi Therapy. International trainer.

1981-1984: Faculty, The Boulder College of Healing Arts. Neo-Reichian Massage.

1980: Designed and implemented psychological treatment programs, individual, family and group, for cancer patients at Plaza Santa Maria Hospital, Baja, Mexico.

1974-1977: Designed and led a twice-weekly adolescent art therapy group for the adolescent population of Vanderbilt Medical Center, Nashville, TN.

1974-1977: Designed and implemented a daily yoga and relaxation program for a twenty-six bed unit of acute psychiatric inpatients, Vanderbilt Medical Center, Nashville, TN.

RECENT PRESENTATIONS

2004:

Invited speaker: Traumatic Attachments and Borderline Personality Disorders: Implications for Clinical Treatment. UCLA

2003

Neurons to Neighborhoods

Keynote Speaker: "Integrating cognitive and somatic approaches."

2003:

Invited speaker, International Society for Traumatic Stress Studies

Master Clinician's presentation: Sensorimotor Psychotherapy

2003

Psychological Networker Conference

"Empowering the Body" with Bessel van der Kolk, M.D. and Kekuni Minton, Ph.D.

2002

Department of Psychiatry, Albert Einstein College of Medicine, Cape Cod, MA

"Somatic treatment of traumatic stress" with Bessel van der Kolk at Cape Cod Institute

2000

Psychological Trauma: Maturation Processes and Therapeutic Interventions, Boston, MA

Keynote Speaker: "The Role of the Body in Resolving Trauma"

"Frontiers of Trauma Treatment: The Roles of Attention, Memory, the Therapeutic Relationship and Restoration of the Body" with Bessel van der Kolk, Martha Stark, Lou Tinnin, Linda Gantt, Kekuni Minton, et.al.

"An Introduction to Hakomi Integrative Somatics" with Kekuni Minton

2000

Third World Conference for the International Society for Traumatic Stress Studies

Plenary Panel, "If the Body Keeps the Score, Who Keeps Score of the Body", Chair, Bessel van der Kolk,

Discussant: "Creative Arts and Body Psychotherapy Approaches with Trauma Clients" Rachel Lev-Wiesel, Ph.D.;

Louis Tinnin, M.D., Robyn Speyer, Sue Murwood

RECENT PUBLICATIONS

Ogden, P. K. Minton, C. Pain (2006) Trauma and the Body: The Theory and Practice of Sensorimotor Psychotherapy. Norton.

Ogden, P. , Minton, K. (2000) Sensorimotor psychotherapy: One method for processing trauma. Traumatology, 6(3), article 3 (October 2000) at www.fse.edu/-trauma/v6i3a3.html

Ogden, P. Hands-on psychotherapy: Hakomi integrative somatics (1997) in Getting In Touch. C. Caldwell, ed. Quest Publishing.

Ogden, P. Inner body sensation. Part one. (1997) Somatics. E G. Hanna, ed.

Ogden, P. Inner Body Sensation. Part two. (1998) Somatics. E G. Hanna, ed.

AFFILIATIONS

The American Psychological Association

International Society for the Study of Dissociation

International Society of Traumatic Stress Studies

United States Association of Body Psychotherapy

Guild for Structural Integration

CURRENT POSITIONS HELD:

Director, Sensorimotor Psychotherapy Institute

Advisory Board, United States Association of Body Psychotherapy